



# FIGHT AGAINST OFFICE ENERGY VAMPIRES



## Unplug your equipment

**Energy Vampire:** a device in the office that continues to use energy and drain power when it is turned off. These devices and appliances are switched off yet are still plugged in and still use electricity.

### Office Energy Vampires

**Desktop  
(sleep-mode)**



**70 kWh/year**

**5.6** gallons of  
gas/year

**LCD Monitor  
(sleep-mode)**



**12 kWh/year**

**1** gallon of  
gas/year

**Laptop  
(sleep-mode)**



**20 kWh/year**

**1.6** gallons of  
gas/year

**Printer  
(sleep-mode)**



**15 kWh/year**

**1.2** gallons of  
gas/year

**Energy vampires in your office alone have a carbon footprint equivalent to driving 205 miles**

**GREEN TIP:** An easy way to fight energy vampires is to turn off your powerstrip at the end of the day. Also, purchasing a smart-powerstrip is a useful tool. It automatically turns off the power to office equipment and conserves energy!